



# **I Thought I'd Be Done by Now: Hope and Help for Mothers of Adult Children Searching for Peace**

*Wendy Boorn*

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I Thought I'd Be Done by Now is a book of 183 one-page stories that provide courage, comfort and guidance to worried mothers of adult children. Each essay ends with a one-sentence summarizing lesson. Issues addressed include releasing guilt, learning to lighten up, and letting go of control. A topical index is included. "This book is a treasure trove of practical ideas and inspiration to calm, encourage and help mothers grow." Jane Monachelli, psychotherapist, mother of an adult child

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