



# Pen & Palate: Mastering the Art of Adulthood, with Recipes

*Lucy Madison, Tram Nguyen*

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From the writers of acclaimed blog *Pen & Palate*, a humorous coming-of-age (and mastering-the-art-of-home-cooking) memoir of friendship, told through stories, recipes, and beautiful illustrations.

Getting through life in your twenties isn't easy--especially if you're broke, awkward, and prone to starting small grease fires in your studio apartment. For best friends Lucy Madison and Tram Nguyen, cooking was an escape from the daily humiliation that is being a twenty-something woman in a big city. PEN & PALATE traces the course of Lucy and Tram's devoted friendship through miserable jobs and tiny apartments, first loves and ill-advised flings, successes and setbacks--always with a shared love of food at the center of the narrative. A modern take on Laurie Colwin's classic *Home Cooking*, this coming-of-age memoir for the *Girls* set weaves together comical (mis)adventures and recipes meant to be shared with a best friend and a bottle of wine.

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