



Dining on the B&O: Recipes and Sidelights from a Bygone Age

Thomas J. Greco, Karl D. Spence

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Passengers who dined on the Baltimore and Ohio during the heyday of American railroading received five-star service: white tablecloths, china, and silver; food cooked from scratch; and the undivided attention of skilled waiters. The B&O's cuisine won wide acclaim as the finest railway food in the country. Passengers enjoyed it as the slightly swaying dining car clicked along over the rails.

Captivated by the romance of the subject, Thomas J. Greco and Karl D. Spence combine many of the B&O's best recipes with historical photos to capture the elegance and charm of the dining car experience.

Greco and Spence made a quest of uncovering the original sources of these recipes, revisiting America's first institutional cookbook, *The Culinary Handbook*, by Charles Fellows, and researching the B&O's own specialty collections of the 1940s and 1950s, the *Old Standard B&O Recipes*, *What's Cooking on the B&O?* and *B&O Chef's Notes*. Along with the original recipes and modern interpretations, they supply captivating photographs of the dining cars, patrons, and staff; commentary describing the technical aspects of cooking on a moving train; examples of "service notes" used by chefs, stewards, and waiters; and a glossary of cooking terms.

With *Dining on the B&O*, Greco and Spence preserve for future generations the singular experience of dining in high style on this iconic railway. The recipes collected here invite readers to prepare the dishes enjoyed by thousands of rail passengers in years gone by. Just open the book and start cooking the B&O way!

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