



# **Cough Cures: The Complete Guide to the Best Natural Remedies and Over-the-Counter Drugs for Acute and Chronic Coughs**

*Gustavo Ferrer MD, Burke Lennihan RN*

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## **Cough Cures: The Complete Guide to the Best Natural Remedies and Over-the-Counter Drugs for Acute and Chronic Coughs** Gustavo Ferrer MD, Burke Lennihan RN

This book is about so much more than just coughs. It's about changing healthcare in America. It's about fending off antibiotic-resistant bacteria with safe and effective natural cures, utilizing these herbal remedies instead of antibiotics for chronic coughs, colds and flu. It's about walking with confidence into your local pharmacy, armed with knowledge that will save time and money.

With the help of COUGH CURES discover:

- Why antibiotics don't work for most colds and coughs
- When and how to treat something safely at home
- How to save time and money treating coughs, colds and flu
- How to communicate better with your doctor
- How to avoid unnecessary (and possibly harmful) X-rays
- And best of all, the top natural holistic treatments and safest drugs for coughs, colds, flu, insomnia, acid reflux and pain relief

"We've needed this book for years. . .I recommend reading it, not only to treat cough ailments but also to live a healthier life. Thank you Dr. Ferrer and Burke Lennihan, for writing this book." ~ Major General Bernard Loeffke, USA ret., PhD, Author, Speaker, and Humanitarian

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