



# The 60-Minute Money Workout: An Easy Step-by-Step Guide to Getting Your Finances into Shape

*Ellie Kay*

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## **The 60-Minute Money Workout: An Easy Step-by-Step Guide to Getting Your Finances into Shape**

Ellie Kay

***Financial transformation in just one hour a week!***

You can revolutionize your finances in only sixty minutes! Looking for long-term economic stability and not common quick-fix schemes? Discover the secrets that Ellie Kay used to deliver her family from \$40,000 in consumer debt. Now a nationally recognized financial expert and best-selling author, Ellie shares her one-hour-a-week program that has made it possible to take care of her family and do it all debt-free! With entertaining anecdotes, easy-to-follow charts, and practical advice, *The 60-Minute Money Workout* is both fun and feasible. You'll be able to:

- > Get out of debt and save for your kids' college
- > Have meaningful and debt-free vacations
- > Pay cash for your cars
- > Make a difference in the world by giving generously
- > Find financial peace with your spouse
- > Be content with your current circumstances
- > Latch onto hope for your financial future

In just one hour a week, you'll be financially stronger and smarter. Revolutionize your quality of life with the *Workout* and you'll never look back!

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