



# Stop Procrastination Now: Train Your Brain for Motivation with Self-Hypnosis and Meditation

*Joel Thielke*

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**Stop Procrastination Now: Train Your Brain for Motivation with Self-Hypnosis and Meditation** Joel Thielke

Break the cycle of procrastination! Step up and get it done, and be more productive and successful. Stop procrastinating, and get motivated with this hypnosis and guided meditation program!

Powerful benefits from this program include:

- More motivation
- Clearer thinking
- More energy
- More focus

Take control, and find the fun in motivation and finishing what you start.

Motivational Hypnotherapy's Joel Thielke is a world-renowned hypnotherapist and author who has helped millions of people worldwide. This powerful hypnosis program is designed specifically to help remove limiting beliefs and old habits of procrastination, and help to motivate and energize your focus to follow through.

This is the perfect program for listeners of any age, no matter your level of hypnosis experience. We recommend listening to this audiobook for 21 days in a row to get the most out of your listening experience. Listen to the induction track, and if you fall asleep, that's okay. This program will work for you whether you are awake or asleep. It's a short, powerful program that will change your life and give you real results.

This powerful hypnosis audiobook includes the following tracks:

- About Hypnosis
- Stop Procrastination Now - White Light Induction
- Music for Motivation

For more information or to ask us a question, visit our website at [motivationalhypnotherapy.com](http://motivationalhypnotherapy.com).

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