

# Life Organization In 1 Month: Take The One Month Self Organization Challenge An (Organizational Behavior, Organizational Psychology, Efficiency, Productivity Hacks, Achievement, Self-Esteem, Goals)

Julia Wilson

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Take The One Month Self Organization Challenge And Experience The Amazing Benefits Organizing your life can be a constant battle against laziness. When you fail to do scheduled tasks, you are letting that part of you win. To be successful in this one-month self-organization challenge, it is important that you acknowledge that this part of your personality exists, but that it is not your true self. Your true self is responsible and can make the right decisions based on the circumstances in front of you. When you are at your best, you can achieve the goals that you put your mind to. However, for you to be at your best, you need to be the person in control of your actions, not the lazy and scared version of yourself. Organizing your life is not a difficult task. This book will help you organize your life by providing you with strategies that promote action. Its main goal is to help you reach your long-term goals. If you have continually failed to reach your goals in the past, then this is the right book for you. By the time you are done with the one-month challenge, you will be proud of yourself upon seeing that you have accomplished the goals that you set. You will then translate this personal victory to other areas of your life. Here Is A Preview Of What You'll Learn... How To Assess Your Habits Honestly Implementing A Goal Timeline The Art Of Time Tracking How To Identify And Deal With Goal Barriers Ways To Clear Internal And External Clutter Motivational Tips How To Increase Your Self Belief Sticking To A Schedule Much, much more!



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