



The Underwater Gourmet

Joyce LaFray, Robert Anderson

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Get your snorkel, face mask, and flippers unpacked! Here's your best tour of Florida's most famous seafood recipes, from kitchens of famous restaurants across the Sunshine State. Author Lafray includes valuable tips on catching, buying and storing seafood and each recipe has been given to Joyce by Florida's best chefs and cooks. This is the #1 seafood book in Florida and eagerly sought after for each individual chapters on how to prepare finfish, shellfish, shrimp, oysters, sushi, you name it!

Joyce LaFray, acknowledged to be one of Florida's foremost food experts, has earned plaudits for her ability to educate and entertain in a cornucopia of media settings. Featured in *Following That Key Lime* in *The Food Network*, Joyce is considered the expert on Key Lime in the United States.

Restaurant reviewer, author, lecturer, and editor, Joyce has developed a rapidly growing, enthusiastic group of fans who follow her food paths in Florida and throughout the country.

Her readers have faithfully followed her exploits and adventures in the fields of food, wine, and travel, via a myriad number of cookbooks and restaurant guides. Joyce is a frequent contributor to *Gourmet Retailer*, *Where* and many other food and travel magazines. When food writers visit Florida they call Joyce for advice on which restaurants to visit...from the *New York Times*...to *Food & Wine*...to *Bon Appetit*...to *USA Today*.

Joyce's talents have played a major role in the organization and success of well known functions such as *The Tampa Tribune's Taste of Florida*, *Macy's* popular statewide *Chef's Tour*, *Miami's International Book Fair*, and the *National Kahlua Bake-off*. Corporately, she has been spokesperson for *Goldkist (Young and Tender Chicken)*, *Appleton Rum*, *Dining Out* and *Publix Supermarkets*.

Some of the honors and awards bestowed on her efforts include a 1995 proclamation from the Mayor of the City of Miami for her excellence and dedication to food journalism and a *Joyce LaFray Day*, *Best Cracker Cookbook Publisher*, from *Macy's Department Stores*, certificates of appreciation from the *University of Florida Institute of Food and Agricultural Sciences* and *Best of State Award* for her contribution to Florida's *Adult Education Program*.

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