



Ten Anti-Aging Tips That Work: Secrets Revealed

Ms Sharon Marie Glembocki CH

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Ten Anti-Aging Tips That Work is a fun and informative self help book about how you can turn back the hands of time and so much more. Sharon has incorporated her years of experience as a nurse, fitness instructor, coach, and hypnotherapist to educate her clients in overcoming their blocks. Sharon blends her charismatic and passionate approach into her integrative techniques to create her own uniqueness in everything she does. While hypnotizing her clients, Sharon noticed changes in their physical appearance and incorporated hypnosis into her beauty regimen. She is happy to share her discoveries and secret anti-aging techniques with you.

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