



# Healing Lyme: Natural Healing and Prevention of Lyme Borreliosis and Its Coinfections

Stephen Harrod Buhner

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Despite Centers for Disease Control estimates that only 20,000 new Lyme disease infections occur each year, the true figure, as Harvard medical school researchers have found, nearly approaches 200,000. Symptoms run from mild lethargy to severe arthritis to incapacitating mental dysfunction. And despite medical pronouncements to the contrary, extensive research has found that tests for the disease are not very reliable and antibiotics are only partially effective; up to 35 percent of those infected will not respond to treatment or will relapse. The spirochetes that cause Lyme are stealth pathogens--they can hide within cells or alter their form so that antibiotics cannot affect them. Lyme disease is, in fact, a potent, emerging epidemic disease for which technological medicine is only partially effective.

*Healing Lyme* examines the leading, scientific research on Lyme infection, its tests and treatments, and outlines the most potent herbal medicines and supplements that offer help--either alone or in combination with antibiotics--for preventing and healing the disease. It is the essential guide to Lyme infection and its treatment.



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