



The Teachings of Dora Kalff: Sandplay

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Sandplay therapy is based on the psychology of Carl Jung and developed by the Swiss psychotherapist and teacher Dora Kalff. By placing miniature figurines in a small sandbox to express confusing feelings and inner experiences, patients create a visual representation of their psyches' contents and reveal unconscious concerns that are inaccessible any other way. In this beautiful, full-color volume, sandplay therapist, Barbara Turner has recorded Dora Kalff's teachings, transcribed from the shorthand notes she made during the original lectures. The sand trays are replications Dr. Turner constructed from the sketches she drew of the photos and the verbal descriptions Mrs. Kalff gave during her lectures. These are treasures in the history of sandplay, and this book makes them available to those who did not have the opportunity to study directly with this remarkable teacher.



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From reader reviews:

Sheila Gallagher:

Playing with family in the park, coming to see the sea world or hanging out with good friends is thing that usually you have done when you have spare time, after that why you don't try thing that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love The Teachings of Dora Kalff: Sandplay, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout folks. What? Still don't get it, oh come on its identified as reading friends.

Vicky Bowman:

Beside this kind of The Teachings of Dora Kalff: Sandplay in your phone, it could possibly give you a way to get nearer to the new knowledge or information. The information and the knowledge you are going to got here is fresh from the oven so don't end up being worry if you feel like an old people live in narrow commune. It is good thing to have The Teachings of Dora Kalff: Sandplay because this book offers to you readable information. Do you oftentimes have book but you rarely get what it's interesting features of. Oh come on, that will not happen if you have this within your hand. The Enjoyable blend here cannot be questionable, just like treasuring beautiful island. Use you still want to miss that? Find this book along with read it from now!

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Is it you actually who having spare time after that spend it whole day through watching television programs or just lying on the bed? Do you need something totally new? This The Teachings of Dora Kalff: Sandplay can be the solution, oh how comes? A book you know. You are thus out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these guides have than the others?

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