



Medium Rare: The Memoir of a Fourth Generation Psychic Medium

Linda Lauren

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From the time Linda Lauren was a small child, her special gift started manifesting itself in the “indoor movies” that danced before her third eye. Thankfully, her Italian-American family was able to embrace their daughter’s curious abilities. In fact, the uncanny activities of the young fourth-generation psychic medium were strikingly similar to those of her paternal grandmother in Italy. Now Lauren shares her own experience, from first visions to mainstream career psychic medium, in her new memoir, *Medium Rare: The Memoir of a Fourth Generation Psychic Medium*. An enthralling account of self-discovery amid strange phenomena, it’s certain to engage readers interested in creating a happy life by following their inner guidance, no matter how far removed it is from society’s norms. From that first view of the images inside her eyelids to her ultimate acceptance of her birthright, Lauren chronologically recounts the events surrounding her gift that served as stepping-stones to her eventual realization of the magnitude of her psychic capacity. Throughout her experiences, the author was fortunate to have deeply supportive parents, who were able to shepherd her through her uncommon childhood with dignity, respect, and unflagging faith. Soon, Lauren’s psychic tendencies were in full swing. She courted ghostly visitors in her home. She frequently conversed with her mom’s friend Jeannie. When a premonition about a falling painting at her Catholic school proved to be pan out, she was removed from the school, but not before safeguarding her fellow students from the hazard. And, while she enjoyed the popularity her skills afforded her at high school and beyond, as she came of age, she chose to play them down. When, as an adult, she finally accepted her gift as her calling in life, Lauren emerged as a leading psychic medium, who has helped police investigations, led paranormal excursions, and is the owner and operator of Linda Lauren’s Embracing The Universe Metaphysical Center in Mountainside, New Jersey. Her story not only reveals the fascinating path of a psychic medium in realizing the full potential of her natural gifts, it is a rousing testament to the deep satisfaction anyone can channel by tapping into their individual attributes.

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