



# Manifesting Minds: A Review of Psychedelics in Science, Medicine, Sex, and Spirituality

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Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a "best of" collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology.

Among many other thought-provoking and mind-opening pieces are the following:

- "On Leary and Drugs at the End," by Carol Rosen and Vicki Marshall
- "Psychedelic Rites of Passage," by Ram Dass
- "To Be Read at the Funeral," by Albert Hofmann
- "Another Green World: Psychedelics and Ecology," by Daniel Pinchbeck
- "Psychedelics and Species Connectedness," by Stanley Krippner, PhD
- "Huxley on Drugs and Creativity," by Aldous Huxley
- "Psychedelics and the Deep Ecology Movement: A Conversation with Arne Naess," by Mark A. Schroll, PhD, and David Rothenberg
- "Psychedelic Sensibility," by Tom Robbins
- "Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle," by David Jay Brown
- "How Psychedelics Informed My Sex Life and Sex Work," by Annie Sprinkle
- "Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder," by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC
- "Psychedelics and Extreme Sports," by James Oroc
- "Youth and Entheogens: A Modern Rite of Passage?," by Andrei Foldes with Amba, Eric Johnson, et al.
- "Diary of an MDMA Subject," by Anonymous
- "Dimethyltryptamine: Possible Endogenous Ligand of the Sigma-1 Receptor?," by Adam L. Halberstadt
- "Lessons from Psychedelic Therapy," by Richard Yensen, PhD
- "Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics," by Ana Maqueda
- "Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs," by Jon Hanna and Silvia Thyssen

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