



I Can Make You Thin: The Revolutionary System Used by More Than 3 Million People (Book and CD)

Paul McKenna

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Would you like to eat whatever you want and still lose weight?

Would you like to feel really happy with your body?

Are you unable to lose those last 10 pounds?

Do you find it difficult to say no to second helpings?

Do you get disheartened about your eating habits and your weight?

Have you tried every diet and it made no difference long-term?

Then this amazing system is for you!

Welcome to a revolutionary new way to stop overeating, control cravings, and feel totally motivated to exercise. Paul McKenna has developed a breakthrough weight-loss system that re-patterns your thoughts, attitudes, and beliefs about yourself, your health, and food to help you easily take control of your diet and lose weight permanently.

As you use Dr. McKenna's unique book and audio system, the latest psychological techniques will automatically help you to start losing weight right away! You can use it again and again to make you feel happier about yourself as you go all the way to your ideal shape, size, and weight.

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David Pell:

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Shirley Raine:

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