



Another Slice of Pi: More Essential Truths for Creating Happiness, Wholeness, & Success

Roland Byrd

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Contains over 350 pages of transformational material (170 blog posts) from author Roland Byrd!

Another Slice of Pi empowers you to create more happiness, wholeness, and success in all areas of your life!

Topics covered include:

- Abundance
- Banishing the Victim Mentality
- Breaking Free
 - From Past Mistakes
 - From Inner Pain
 - From Depression
- Compassion
- Empathy
- Conflict Resolution
- Failure
- Forgiveness
- Goal Setting
- Gratitude
- Perseverance
- Personal Healing
- Physical Fitness
- Repairing Relationships
- Spirituality
- Staying in Love
- Subconscious Mind Power
- And Much, Much More!

You Are The Master of Your Destiny!

Roland Byrd

Book Excerpt (Introduction):

There was a time when I hated myself. I thought I was worthless, a waste of flesh. I felt like the world, and my family would be better off without me. I didn't believe I was worthy of love or mercy. I was so caught up in my own misery that I couldn't empathize with others. I couldn't see past my own pain, so how could I

truly open my eyes and heart to others?

I hated the person I'd become but believed I was doomed to be that man, that there was nothing I could do about it. The thought of personal transformation was as alien to me as the concept of freedom to one born into captivity. You might hear about it, you might even dream of it, but you don't believe it's possible. Not deep in your heart where it matters.

I lived nearly 36 years of my life that way. Wanting to be more, dreaming of being more—of being better, but unable to believe it was possible.

Then I had an awakening. I hit the lowest point in my life. All my flawed beliefs and behaviors caught up with me. Everything crashed and burned. It was like my life disintegrated while I watched, helpless.

As I fought to pick up the pieces and rebuild my life, I finally got it. I could choose my life. The state of my life, all the things that happened were results of my choices. And I could make better choices. I might not be able to choose everything that happens but I could always choose how I responded to it, how I internalized it. Like it or not, I finally understood this truth; We are all completely accountable for the state of our lives. We all choose the path our lives take.

That meant that if I wanted to and I was committed to the process, I could change my life. I could change myself!

That started my path of Personal Transformation. Since then I've reinvented myself, become a better man. I'm dedicated to growth, change, and helping others. Sure there are still rough spots, things I'm working on. There always will be. And I'll spend the rest of my life learning, growing, and passing on that knowledge. As part of my quest to help others learn and grow into the best version of themselves, I started a blog over 4 years ago. I've published over 173 blog posts in that time. This book, *Another Slice of Pi*, contains nearly all of those posts in an easy to read format. Who knows, they might just help you grow into a better version of yourself.

Always Remember,

You are The Master of Your Destiny!

Roland

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Ciara Wolfe:

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