



## Sephardic Baking from Nona and More Favorites: A Collection of Recipes For Baking Desayuno And More

Linda Capeloto Sendowski

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While the British have their tea time and Swedes are known for their fika break, Sephardic Jews have long enjoyed the tradition of dunking various kinds of biscuits in their afternoon espresso or tea—and now you can learn how to make delicious dunkables in this kosher baking collection, which includes brunch pastries (desayuno), breads, and desserts. The first in a series of cookbooks, *Sephardic Baking from Nona and More Favorites* captures the timeless recipes that have been passed down for generations.

This cookbook serves as a great introduction for anyone interested in trying his or her hand at Jewish, Mediterranean, and ethnic baking. The author includes a glossary of words and a bit of historical context regarding Sephardic Jews and their customs.

Among the sixty-six recipes, you'll learn how to make everything from traditional borekas, biscotios, and challah to modern kosher desserts, including the author's own Pistachio Pear Yogurt Cake and Chocolate Espresso Cake.

Rediscover the art of Sephardic baking and enjoy the experience of creating from scratch the timeless recipes that families have loved for centuries.



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