



## Walk! La Gomera

*Charles Davis, David Brawn, Ros Brawn*

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La Gomera is somewhere special. Breathtaking landscapes, idyllic Canary Islands climate, ancient laurel forest, massive gorges, high ridges, outstanding flora, unspoilt villages; this is perhaps as close to a hikers paradise as it is possible to get. Such a special island deserves only the best; "Walk! La Gomera" - 34 main walking routes plus short walk and stroll options. Each route has: summary including ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo risk; fully detailed walk description including frequent timings to check your progress; full colour 1:40,000 scale map of the route; GPS Waypoints for every key point on the route; plus colour island map and regional Walk Locator maps. There are some easy routes. There are some awesome routes. Some routes have vertiginous sections. With Charles Davis's excellent descriptions you will know which routes are for you, and all of them are a true adventure in paradise. Walk La Gomera's Walking Routes:- 1 Degollada de Peraza - San Sebastian, 2.5 hrs, 9 kms, ascents negligible, descents 1000 mts (linear). 2 Roque Sombrero & Playa de la Guancha, 4.7 hrs, 16 kms, asc 300 mts, desc 1300 mts (lin). 3 Los Roques, 3 hrs, 10.5 kms, asc & desc 700 mts (circular). 4 Pista Forestal de Majona & Playa de la Caleta, 5.5 hrs, 23 kms, asc 500 mts, desc 950 mts, vertigo risk (lin). 5 Barranco & Lomo de Azadoc, 1.5 hrs, 4 kms, asc & desc 250 mts (circ). 6 Jerdune - Jardin Tecina, 3.5 hrs, 14 kms, asc 250 mts, desc 1150 mts (lin). 7 Las Toscas - Degollada de Peraza, 2.8 hrs, 10 kms, asc 600 mts, desc 300 mts (lin). 8 Playa Santiago - Targa, 4.3 hrs, 17 kms, asc & desc 750 mts (circ). 9 Barranco de Benchijigua, 4 hrs, 12 kms, asc & desc 600 mts (circ). 10 Barranco de Guarimiar, 4.1 hrs, 13 kms, asc & desc 850 mts, vertigo risk (circ). 11 Imada - Garajonay, 3 hrs, 12.5 kms, asc & desc 500 mts (circ). 12 Arure - Las Hayas, 3.3 hrs, 13 kms, asc & desc 300 mts (circ). 13 Las Creces Roundabout Route, 2.4 hrs, 10 kms, asc & desc 300 mts (circ). 14 Cercado - Valle Gran Rey, 2.2 hrs, 10 kms, asc & desc 300 mts (circ). 15 La Merica, 2.2 hrs, 10 kms, asc 100 mts, desc 800 mts (lin). 16 Valle Gran Rey - Hayas, 3 hrs, 8 kms, asc & desc 650 mts, vertigo risk (circ). 17 Chipude - Garajonay, 3.4 hrs, 14.5 kms, asc & desc 500 mts (circ). 18 Fortaleza, 1.7 hrs, 4.7 kms, asc & desc 250 mts (circ). 19 Barranco de Erque, 5.5 hrs, 13 kms, asc & desc 750 mts, vertigo risk (circ). 20 Ermita de Nuestra Senora de Guadalupe, 3 hrs, 10 kms, asc & desc 350 mts (circ). 21 Tequergenche, 3.3 hrs, 12 kms, asc & desc 350 mts (lin). 22 Barranco de Argaga, 5 hrs, 11 kms, asc & desc 850 mts (circ). 23 Barranco de Arure, 1.5 hrs, 4.5 kms, asc & desc 200 mts (lin). 24 Lomo del Carreton, 3 hrs, 4.5 kms, asc & desc 600 mts, vertigo risk (circ). 25 Barranco de Guaranet, 3+ hrs, 10 kms, asc & desc 500 mts (circ). 26 Las Mimbreras, 1.4 hrs, 4.5 kms, asc & desc 200 mts (circ). 27 Hayas - Vallehermoso, 2.8 hrs, 9.5 kms, asc 250 mts, desc 900 mts (lin). 28 Roque Cano, 3 hrs, 10.5 kms, asc & desc 600 mts (circ). 29 Ermita de Santa Clara + Chorros de Epina, 4 hrs, 14 kms, asc & desc 650 mts (circ). 30 Las Rosas - Hermigua, 2.3hrs, 8.5 kms, asc 200 mts, desc 600 mts (lin). 31 Pared de Agulo, 3 hrs, 10 kms, asc & desc 600 mts, vertigo risk (circ). 32. The Head of the Table & The Fat Back, 5 hrs, 14 kms, asc & desc 750 mts, vertigo risk (circ). 33 El Cedro Tunnel, 1 hr, 4.5 kms, asc & desc 250 mtrs (circ). 34 Classic Garajonay, 3.5 hrs, 10 kms, asc 150 mtrs, desc 1000 mtrs, vertigo risk (lin). Walk La Gomera's walking routes are also available as Viewranger routes to use on your 3G phone or tablet. GPS waypoint files (in gpx format) are available for free download at Discovery Walking Guides website.

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