



Stop Being Bullied, Be Powerful and Confident with Hypnosis, Meditation, and Affirmations

Joel Thielke

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Stop letting yourself be pushed around; step up, be confident, and own your power with this guided meditation program from The Sleep Learning System and certified hypnotherapist Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind. With this program, you'll get the courage you need to stand up for yourself and stop being pushed around.


Three new inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and confident when you wake up, and with every time you listen, you will feel more empowered and strong.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will remove negative self-beliefs and self-doubt, and help you feel empowered and create positive beliefs that will help you stand up yourself and feel empowered.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

This Sleep Learning System album comes with three extended induction tracks, guided meditation programs, and bonus music and positive subliminals, providing hours of relaxation for your listening experience.

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In this period globalization it is important to someone to acquire information. The information will make someone to understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of personal references to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher that will print many kinds of book. Often the book that recommended to your account is Stop Being Bullied, Be Powerful and Confident with Hypnosis, Meditation, and Affirmations this guide consist a lot of the information in the condition of this world now. This book was represented so why is the world has grown up. The words styles that writer require to explain it is easy to understand. The writer made some exploration when he makes this book. Honestly, that is why this book suited all of you.

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