



# Lifting the Veils of Illusion: 7 Steps Towards Spiritual Enlightenment

*Narina Riskowitz*

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# Lifting the Veils of Illusion: 7 Steps Towards Spiritual Enlightenment

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## **Lifting the Veils of Illusion: 7 Steps Towards Spiritual Enlightenment** Narina Riskowitz

This book facilitates an all-encompassing journey of personal empowerment and spiritual growth in 7 essential steps. Taking a peek into the subtle realms, sharing ancient wisdom and consulting ground-breaking science, it offers fascinating new insights and readers will experience powerful transformational shifts, emerging from stress and fear to empowerment. The 7 Steps process is designed to serve as a guide on your path toward your own development, growth and enlightenment. Buddha taught that this world is an illusion. As we awaken and grow in consciousness, we begin to see through the illusions. This book explores the nature of these illusions. With each of the 7 Steps, we will be lifting another veil of illusion. When a veil of illusion is lifted, you will find yourself in a whole new plane of existence, perceiving everything very differently than before. This 7 Steps process is unique in that not only is it informative, interactive and experiential, it is also hugely transformational.

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