



# Evolutionary Psychology: How Our Biology Affects What We Think and Do

*Valerie G. Starratt*

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**Evolutionary Psychology: How Our Biology Affects What We Think and Do** Valerie G. Starratt

This book considers the complexities of human nature from a biological, psychological, and evolutionary standpoint and demonstrates how common modern behaviors can be traced back to early man.

- Introduces evolutionary psychology through a thematic, chapter-based format
- Explores one of the fastest-growing subfields in psychology today and presents contemporary debates that foster critical thinking skills
- Showcases high-interest information through engaging sidebars
- Defines unfamiliar terms and concepts
- Includes a comprehensive bibliography for further study

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