



## **Sleep Disorders Part II, Volume 99 (Handbook of Clinical Neurology)**

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# Sleep Disorders Part II, Volume 99 (Handbook of Clinical Neurology)

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Sleep Disorders II covers various aspects of sleep disorders. These include the different classification of sleep disorders, the genetic influences of sleep disorders, abnormality in the sleeping pattern, and the circadian rhythm sleep disorder. A sleep disorder is a medical disorder that affects the sleeping patterns of humans (and sometimes animals). The disruptions in sleep can be caused by different factors, such as teeth grinding, night terrors, and the like.

The book also discusses different perspectives on insomnia and hypersomnia. According to the International Classification of Sleep Disorders, insomnia is a sleep that is low in quality or a difficulty in sleeping. On the other hand, hypersomnia is a sleeping disorder characterized by excessive daytime sleepiness (EDS) or prolonged nighttime sleep. The book discusses narcolepsy, a syndrome that is characterized by excessive daytime sleepiness that is associated with cataplexy and other REM sleep phenomena. The different medicines for this disease are also discussed.

People who are practicing neurology and internal medicine, especially those in pulmonary, cardiovascular, gastrointestinal, renal and endocrine specialties, will find this book valuable.

- \* A comprehensive resource for the study of sleep science, sleep medicine, and sleep disorders
- \* Fascinating noninvasive neuroimaging studies that demonstrate marked changes during different sleep states
- \* A state-of-the-art reference that summarizes the clinical features and management of many of the neurological manifestations of sleep disorders

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