



Paradox in Paradise

Lois Benson

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Paradox in Paradise Lois Benson

**When the Dark Confronts the Light,
Their Battle Leaves You Laughing!**

Heaven and hell collide in *Paradox In Paradise*, a light-hearted and soulful adventure that explores the darker side of spiritual transformation. Imagine shadow work on steroids.

In her outrageously funny yet courageously honest memoir, forty-something disgruntled spiritual warrior Lois Benson tells us what happens when she trades her life in California for life on a remote tropical island in Central America as the manager of a new bed and breakfast hotel.

Once she lands in Panama's Pearl Islands, clashing cultures and racial bias release her shadow selves: Inner Bitch, Slut Girl, and Thrill Seeker. They all climb on board Mr. Toad's Wild Ride of pain and pleasure, leading to a personal breakthrough more akin to an exorcism than a spiritual awakening.

With keen insight and biting wit, the author recalls how her blissful expectations encounter the island's lunacy somewhere near the edge of insanity. Yes means no, tomorrow means never, and promises mean lies. Her crazy life on the island turns loose her own demons to stalk her like a predator. She cannot escape from herself, and now you can share in her lively liberation.

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The actual book Paradox in Paradise has a lot associated with on it. So when you check out this book you can get a lot of help. The book was compiled by the very famous author. The writer makes some research prior to write this book. This kind of book very easy to read you can obtain the point easily after looking over this book.

Betty Jordan:

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