

## Nursing Assessment in the Clinical Setting -Volume 4 - The Immune System

Margaret Agard



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Nursing Assessment in the Clinical Setting - Volume 4 - The Immune System Margaret Agard NURSING ASSESSMENT IN THE CLINICAL SETTING - VOLUME 4 THE IMMUNE SYSTEM General overview of the Immune System The Immune System has a tremendous amount of work to do. It works in conjunction with the Lymphatic System to protect the body from organisms that can cause infection. A strong Immune System is an essential survival tool. However, the Immune System may be weakened in more ways than one. Stress may take its toll on the Immune System. Autoimmune diseases also have a major impact on the Immune System. This group of illnesses is discussed in detail, as they cannot be overlooked. The Immune System is presented in a colorful, compact book with emphasis on the importance of a strong Immune System and how the nurse can be part of the solution and not the problem. This book is the fourth (Volume 4) in the series. It is put together by a Registered Nurse with decades of experience in

Advanced Healthcare Facilities.

The information is provided in a simple and nurse friendly way. Volume 4 covers Assessment of the Immune System. This is intended to improve learning about the Immune System and conditions that may affect it.

It must be remembered that although the information provided Is current, medical information is constantly changing. Always follow your Institution's Policies and Procedures and MD orders. CONTENTS NURSING ASSESSMENT IN THE CLINICAL SETTING VOLUME 4 - THE IMMUNE SYSTEM 1. A description of the Immune and Lymphatic Systems. 2. Stress and its impact on the Immune System 3. Nursing Assessment of the patient in Septic Shock 4. Septic Shock – (warm) Hyperdynamic and (cold) Hypodynamic phases 5. ARDS ( Adult Respiratory Distress Syndrome) its causes and treatment

6. How infection spreads and ways to prevent it.

- 7. Immunization and its role in strengthening the Immune System.
- 8. Anaphylaxis and its impact on the Immune system.
- 9. Stress and the Immune System

10. Multiple Sclerosis (MS) an autoimmune disease, Plasmapheresis in its treatment.

- 11. Chest pain /cancer and its relation to stress.
- 12. Irritable Bowel Syndrome (IBS) assessment and treatment.
- 13. The effect of Immunosuppressant drugs on the Immune System.
- 14. Diabetes/depression and its relation to stress.
- 15. Pernicious Anemia its causes and treatment.
- 16. Systemic Lupus Erythematosus (SLE) its symptoms and treatment.
- 17. Rheumathoid Arthritis its symptoms and treatment, DMARDS
- 18. Preventing the spread of infection.
- 19. IV site assessment and care.

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