



Callanetics: 10 Years Younger in 10 Hours

Callan Pinckney, Sallie Batson, Gary Moody, Pat Golblitz

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Callanetics: 10 Years Younger in 10 Hours Callan Pinckney, Sallie Batson, Gary Moody, Pat Golblitz The astonishing deep-muscle exercise technique that offers results in hours, and which was a 540,000-copy bestseller in hardcover, is now in paperback.



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