

## Superfoods Today Body Care: Natural Recipes for Beautiful Skin and Hair. Body Scrubs and Facial Masks for Soft Skin Treatment (Volume 4)

Don Orwell

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### All the best Body Care ingredients in the world are Superfoods!!

Superfoods herbs like lavender, rosemary, mint, sage, hibiscus, rose Over 50 Superfoods Body Butters, Facial Masks and Hair Care recipes. Superfoods are nutritionally dense ingredients that are widely available and which offer tremendous dietary and healing potential and can be used for skin and hair tratment. They're all natural whole ingredients and there is nothing toxic in these recipes. Use organic products whenever you can. Your cosmetics will smell and feel good and your skin will recognize the difference. Superfoods homemade products are: Natural & Organic Handmade Fresh Sulfate Free Color Safe Silicone Free Chemical Free No Parabens Chloride Free Gluten Free Non GMO Would You Like To Know More? Download and get healther skin and hair today. Scroll to the top of the page and select the buy button.

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