



# Riding the Windhorse: Spiritual Intelligence and the Growth of the Self

Kathleen Diane Noble

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## Riding the Windhorse: Spiritual Intelligence and the Growth of the Self

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Riding the Windhorse: Spiritual Intelligence and the Growth of the Self Kathleen Diane Noble An exploration of the concept of spiritual intelligence and the ways in which this human potential can promote psychological health. It examines the themes of spiritual intelligence through a narrative history study of 10 men and women and the impact of spiritual experiences on their lives.



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